



# DAILY RITUAL

*March 26*

## PRAYER/CANDLE LIGHTING

**Light a candle and say something like: “We light this candle as a symbol of Christ in our midst. We breathe in the hope and peace that Christ brings.”**

**Someone can pray. Focusing today on those who bring joy to your life.**

## SCRIPTURE

**Have someone read today's scripture aloud:**

**Psalm 146**

## QUESTIONS

**Here are some questions for you to think about or discuss:**

- **Look again at verses 8 & 9. What do you think they say about the nature of God?**
- **What do you think it means for God to help? What are some ways you have seen God help?**

## CREATIVE ACTIVITY

**Here is a creative way to explore the theme of this scripture together:**

**Make a list of ways that you can help during this time.**

**Share with others and maybe begin to make a plan?**

## CLOSING PRAYER

**Have someone close in prayer. Extinguish the candle, giving thanks to God for each other and your time together.**